

Article : EFFECT OF HIGH INTENSITY INTERVAL TRAINING IN IMPROVING PEAK
VO2 ON CARDIAC REHABILITATION PATIENTS PHASE II

Comments to the authors:

- Please response each reviewer comment on the separate file (file 1), while also upload the revised manuscript (file 2).
- Please refer to all reviewer comments and submit the revision to the website from your account.

Reviewer 1 comments:

- Abstract
 1. The titles are written using sentence case.
 2. Please create a background with two sentences, the first sentence contains an overview and the second sentence contains the purpose of the research.
 3. Please delete this paragraph, it should be located in the methods section "The objective of this study is to identify the impact of high-intensity interval training (HIIT) on the improvement of peak VO2 in patients with cardiovascular disease. This study was conducted using a systematic literature review method through the analysis of articles from Q1-indexed journals, obtained from the PubMed, PEDro, and Elsevier databases. The selected articles included studies from the period 2020–2024, involving high-intensity interval training (HIIT) in cardiac rehabilitation patients. The results from several literatures indicate that high-intensity interval training (HIIT) in cardiac rehabilitation patients significantly increases peak VO2. The improvement of peak VO2 in this study generally showed HIIT were far more superior than any other protocols, particularly MISS or MCT."

- Introduction

1. Please complete this sentence “(oxygen consumption test).”
2. This formula, please convert it into an image or equation (Fick equation:
$$\text{oxygen uptake} = \text{cardiac output} \times \text{arteriovenous oxygen difference}.$$
3. Please pay attention to the use of uppercase
4. Please pay attention. There is an incorrect spelling of the word.
5. Please add advantages to this research

- Methods

1. Please add the number and title of the table.
2. Please use the words to describe the numbers in the methods (i.e., one, two, three, etc.)

- Results and Discussion

1. Please add the limitations of this research.
2. Please correct the citation writing.

- Reference

1. Pay attention to writing a reference. Use the Vancouver style to write a reference. Please refer to our published articles.

Reviewer 2 comments:

- Abstract

1. Please sort the keywords alphabetically.
2. Please abbreviate the word only once.
3. The text is double-spaced. Uses a 12-point font of Times New Roman. Uses 0 pt before and after paragraph.

- Introduction

1. Please abbreviate words like this “CPET (Cardiopulmonary Exercise Test)” is only made once, henceforth use CPET only.
2. Please pay attention to the use of capital letters in a sentence.
3. Please pay attention to citation placement.

- Methods

1. Please specify all databases, registers, websites, organizations, reference lists, and other sources searched or consulted to identify studies.
2. The correct method of writing can be seen in the published KPC article.

- Reference

1. Please replace “LITERATURE” to “REFERENCE”.
2. Please pay attention to the bibliography.
3. Please add reference at least 20 citations.